



2018 Annual Report

Acoustic Neuroma Association of Canada

Table of Contents

President’s Report, Judy Haust	1
Acoustic Neuroma Association of Canada	3
Organizational Governance	4
Board of Directors	4
Scientific Medical Advisory Board.....	4
ANAC Chapters.....	5
Heart of Acoustic Neuroma Association of Canada.....	5
Achieving Our Mission	6
Dancing a Half Marathon – A Daughter’s Love.....	6
So, What! I’ve Got a Brain Tumour!.....	7
Being A Patient – Alex’s Story	9
What a Difference a Day Makes! My AN Journey.....	11
2018 Financial Statements.....	13
ANAC Leadership Giving Society.....	20
Acoustic Neuroma Association of Canada Stars of 2018.....	22

President's Report, Judy Haust

Time marches on and so does our growing ANAC family, thanks in no small part to *anac.ca*. During 2018, we welcomed an astonishing 65 new members. Our user-friendly interactive website, introduced in 2017, continues to attract “surfers” who seek as much information as possible about their recently diagnosed, rare benign brain tumour that affects only one in 100,000. After perusing *anac.ca*, many will contact our Executive Director directly and they soon find out just how informative and supportive ANAC can be! After all, dispensing accurate information and lending support on a personal level is our *raison d'être*.



Before touching on a few personal stories from 2018 later in this report, let's celebrate our biggest educational venture of the past year – our biennial *World of Acoustic Neuroma Symposium*, held on September 29th at the BMO Education Centre, Toronto Western Hospital. One of our long-time ANAC members, Linda Steele, captured the essence of this very successful event in an article she wrote for our quarterly newsletter. ANAC members can find that article archived on our website, *anac.ca*, under the sub-heading, Member Resources, The Connection, Winter 2019 edition.

In a nutshell, our biennial Symposium serves to convey the latest information on acoustic neuromas and enables audience members and health professionals alike to interact directly with one another. *This is what makes it a particularly valuable resource.* Neurosurgeons, radiologists, neurologists, plastic surgeons, audiologists, physiotherapists, professors and researchers volunteer their time for the full-day event. Presentations in 2018 covered historical aspects of ANs, treatment options, post-treatment therapy and tumour biology. Presenters mingled with attendees, answering questions and addressing concerns, either individually or through the Physicians' Multidisciplinary Panel. This past year, the Patient Panel was re-introduced, providing patient insight for the medical specialists in attendance, and allowing audience members an opportunity to ask questions of fellow AN patients. More than 100 individuals from across the country participated in the 2018 Symposium, either in person or through live webcast. ANAC is grateful to Dr. Suganth Suppiah and Dr. Gelareh Zadeh, ANAC's Scientific Medical Affairs Committee Chair, for their leadership, and also for the financial support made possible by the University Health Network Neurosurgery Associates. If you missed the Symposium, ANAC members can now view it on *anac.ca*, under the Member Resources heading.

It's clear that all acoustic neuromas are not the same and that treatments vary widely according to the individual. ANAC plays an important role in helping those individuals navigate their treatment options (once those options have been presented by the attending physician), based on lifestyle and individual preferences. It's no easy feat.

Together, we must continue to *establish* a visible presence for ANAC amongst medical specialists, acoustic neuroma patients and the public in general; to *support* our Chapters, the heart and soul of our association, across Canada; and to *foster* member loyalty so that we can remain financially sustainable. In doing so, we will succeed in fulfilling our vision: *to create a world where those living with an acoustic neuroma are better understood.*

Thank you to our 300-plus members (as of December 31, 2018), our invaluable Chapter Leaders, our Scientific Medical Advisory Board chaired by Dr. Gelareh Zadeh, our Board of Directors and, last but not least, our gregarious Executive Director, for your loyalty and commitment to making ANAC more visible and accessible to those afflicted with an acoustic neuroma, and to their families. In the greater picture, we're a tiny association, but we remain hugely important to those who reach out to us. I'm inspired and amused by this quote, often attributed to the Dalai Lama: ***If you think you're too small to make a difference, try sleeping with a mosquito.*** We welcome all members who are interested to speak up and become more actively involved with ANAC, ensuring that 2019 will be yet another productive year.



Howard Schultz, an American businessman best known as the chairman of Starbucks, offers this wise observation:

"In this ever-changing society, the most powerful and enduring brands are built from the heart. They are real and sustainable. Their foundations are stronger because they are built with the strength of the human spirit, not an ad campaign.

The organizations that are lasting are those that are authentic."

What a good reminder that pushing and shoving and trying to make something happen doesn't work and never will. But when we start from our hearts, we not only succeed in business, we succeed in life and leave the earth a better place for having been here.

THAT IS THE GOAL OF THE ACOUSTIC NEUROMA ASSOCIATION OF CANADA.

Acoustic Neuroma Association of Canada

The Acoustic Neuroma Association of Canada (ANAC) was founded in 1983 by acoustic neuroma (AN) patients Virginia Garossino, Velma Campbell and Linda Gray. Based out of Edmonton, the three women underwent acoustic neuroma surgery within a year of each other. The women had very different experiences in terms of post-treatment complications and courses of recovery. Through their challenging journey they discovered there was little information and support for Canadians dealing with the rare, benign cranial tumor. Finding strength within each other, the three established ANAC, a charitable organization designed to support the complex needs of individuals with an acoustic neuroma across Canada.

Today ANAC is a highly regarded, membership-based organization that supports acoustic neuroma patients and their families through the helpful nature of support groups and a Peer Database Registry. It is through ANAC's goal of information sharing and public education that early diagnosis may result in successful treatment for all patients. ANAC supports ongoing research of the cause, development and treatment of acoustic neuroma and other benign cranial tumors as well as promoting peer and community support.

VISION STATEMENT

A World that Understands

MISSION STATEMENT

To provide accurate up to date information and ongoing support to individuals with acoustic neuromas and their families to help improve their quality of life

GUIDING PRINCIPLES

Guiding principles describe the broad philosophy that guides ANAC throughout its life in all circumstances, irrespective of changes in goals, strategies, etc.

- To provide support through its peer-led program to individuals who are impacted by an acoustic neuroma
- To furnish information and strategies to cope with headache, balance, vertigo, eye and facial issues experienced by those with an acoustic neuroma
- To help individuals diagnosed with an acoustic neuroma to feel comfortable making informed decisions about treatment and their health
- To collaborate with leading researchers and diagnostic and surgical experts on acoustic neuromas to ensure members receive optimum care
- To provide relevant information about symptoms of an acoustic neuroma to promote early diagnosis and successful treatment

Organizational Governance

Board of Directors

Executive



President
Judy Haust



Vice President
Chrissie Rejman



Past President
Rex Banks



Treasurer/Secretary
Americo Meneguzzi



Director
David Ellison



Director
Nicholas Kucharew

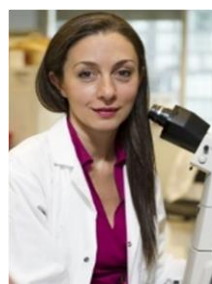


Director
Rebecca Raghubeer



Executive Director
Carole Humphries

Scientific Medical Advisory Board



Chair

Gelareh Zadeh, MD, PhD, FRCS(C), FAANS; Wilkins Family Chair in Brain Tumour Research, Co-Director Krembril Brain Institute, Associate Professor, Neurosurgery Department, University of Toronto & Scientific Medical Affairs Committee, ANAC

Members

Igor Barani, MD; former Associate Professor, University of California, San Francisco Departments of Radiation Oncology & Neurological Surgery

Joanne Dorion, Physiotherapist; Facial Specialist, Bayview Sports and Medicine Clinic

Anthony Kaufman, MD, MSc, FRSC(C); Director, Centre for Cranial Nerve Disorders, Co-Director, Winnipeg Centre for Gamma Knife Surgery Health Sciences Centre, Co-Director, Centre for Gamma Knife Surgery, & Associate Professor, University of Manitoba / Health Sciences Centre

David Roberge, MD, FRCPC; Head, Radiation Oncology, Centre Hospital, University of Montreal, Adjunct Professor, Department of Oncology, McGill University

John Rutka, MD, FRCSC; Professor, University of Toronto & Co-director of the UHN Center for Advanced Hearing and Balance Testing & Multidisciplinary Clinic Division of Neurosurgery

ANAC Chapters

Heart of Acoustic Neuroma Association of Canada

People diagnosed with an acoustic neuroma and their loved ones, often find help through the friendly nature of an acoustic neuroma support group. Support groups are a gathering of people who share emotional support and information through similar life experiences. Within the safety of a support group, many people are able to share the details of their past experience, fears, concerns about the future, and the day-to-day challenges encountered. Acoustic Neuroma Support Groups are located across Canada.

ANAC currently has four active Chapters across Canada and two Chapters that provide one-on-one peer support on as-needed basis. Chapters usually have ten to fifteen participants at each meeting. The focus of meetings is to share stories, exchange information, resources and offer hope and support to others. Often guest speakers are invited to present information on issues pertaining to acoustic neuroma recovery and symptom management.



Chapter Leaders include:

Alberta: Edmonton – Mary Jane Hradowy

British Columbia: Courtenay/Nanaimo – Evalyn Hrybko and Caroline Bradfield

Manitoba: Winnipeg – No longer meets due to low attendance
Faye Gorenson will respond to inquiries

National Chapter: Ottawa – No longer meets due to low attendance

Ontario: Kitchener/Waterloo – Linda Darkes and Helen Horlings

Ontario: Toronto – Lynda Nash and Kathryn Harrod

Saskatchewan – Robynne Smith

***“The heart of the volunteer is not measured in size
but by the depth of the commitment to make a difference in the lives of others.”
De Ann Hollis***

Achieving Our Mission

Dancing a Half Marathon – A Daughter’s Love

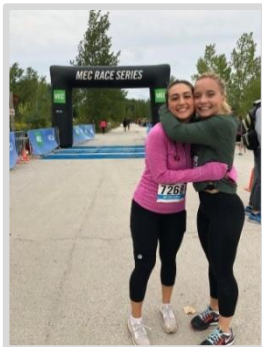
Abigail Kaczmarek because of her adoration for her mother wanted to do something special. She decided to run a half marathon (21.1k) to honour her and raise funds for the Acoustic Neuroma Association of Canada.

Abbie’s mother, Cathy, a keen rider, fell from her horse a couple a years ago, and it was a subsequent brain scan that serendipitously led to her AN diagnosis. As with so many impacted by an AN, she ruminated over what to do. She was suffering with vertigo and hearing loss, not to mention anxiety. The operation was successful but, Cathy developed facial paralysis and became depressed, refusing to look in the mirror and removing all the photos of her former self.



With facial therapy, Cathy Kaczmarek’s facial paralysis is virtually gone. Her sunny personality returned and Cathy told her story on the Patient Panel along with four others at ANAC's 2018 Symposium, and responded to questions from the audience.

Abbie “hunkered down” over the summer, running three to four times per week and ran her first very long run (18k) in beautiful Stanley Park in Vancouver, where she was attending a friend’s wedding. Just one week later, on September 9th, Abbie and her friend Heather ran the MEC Half Marathon through Tommy Thompson Park on Toronto’s waterfront.



Abbie felt buoyed by the support of her friends on race day and by all the encouraging comments from donors and supporters on her Go Fund Me page, Face Book (164 shares), Instagram and anac.ca. Along the way, Abbie kept in touch via Snap Chat with her mother in Florida. Cathy was so happy and kept rooting for her daughter, with a big “Woo Hoo” as Abbie crossed the Finish Line. Abbie’s impressive finishing time for her first half marathon was 2 hr., 3 min. -- after all, only serious runners care about the seconds!

Abbie, we are all so proud of you and grateful for your creative fundraising idea and your determination to succeed. ANAC thanks you for your contribution towards improving the lives of those affected by an acoustic neuroma. May your story serve to inspire others, just as you were inspired by your mother’s journey.

Achieving Our Mission

So, What! I've Got a Brain Tumour!



It is amazing how our journeys take unexpected turns in our lives. In March 2017, I thought my life was getting a little better after three years of family health issues, my father passing away and me turning 50.

One evening, after coming back from a well-deserved vacation while I was sitting on the couch browsing on my iPad, I noticed something was bothering me and later realized it was a loud ringing in my left ear. A few days later, I answered my cell phone and the person on the other end sounded like a character out of *Alvin and the Chipmunks* – high-pitched and static.

I went to my doctor thinking that I'd perhaps picked up a bug in Mexico. There was no sign of infection in either ear, so I was referred to an audiologist who performed a hearing test that confirmed I had lost hearing in my left ear. She suggested trying a decongestant. When I went back a month later, a second hearing test showed further decline, so I was referred to an ENT specialist, who suggested there may be a problem with the "hammer" of my ear and referred me to another ENT specialist who concluded that there was nothing wrong with the "hammer".

Of course, with all the waiting between appointments, I turned to Mr. Google and discovered there was a tumour called an Acoustic Neuroma. The specialist stated it was not an AN and said my hearing loss was due to aging. However, he did say he could put me on a waiting list for an MRI exam, which could take up to a year at the local hospital. I told him I'd go next door and pay to have a private MRI done. He said not to waste my money – he'd try to get me in faster. Well, anyone who knows me would know that didn't fly with me! I left his office and booked an appointment.

Two days later, I went to my family physician to hear the MRI results. When I saw her face, I said, "I have a tumour, don't I?" She confirmed that I had a good-sized tumour of about 3 centimetres. I went to my car and cried. I couldn't believe it... I did not think it would be this rare tumour I had read about. It was worth the \$1,250 to confirm the diagnosis. I called my husband, who had been texting me repeatedly before going into an important meeting with his biggest client. I later learned that when his clients entered his office and greeted him, he burst into tears in front of them. I felt so badly!

Needless to say, I went home and cried all day and night for a week. Google became my best friend as I was obsessed with acoustic neuromas. I learned everything I possibly could about them, and I found the Acoustic Neuroma Association of Canada website. I emailed them and told them a little of my story to see how they could help me with resources. The next day, this woman called Carole Humphries, ANAC's Executive Director, came into my life. She phoned and talked to me and made me feel validated.

Achieving Our Mission

For the next three months, I drank good wine, ate bad food and cried. I was so angry at what life had given me and that's how I coped. I talked to Carole a few times and we had some good laughs. I drove every doctor's receptionist crazy. I learned that I didn't qualify for Gamma Knife because of the size of my tumour. Waiting was the hardest part. I considered surgery in the US. I was the epitome of *needy chick*!

Fast forward to February and April 2018, I finally had appointments with Dr. Westerberg and Dr. Akagami in Vancouver. By that time, I got myself together and started to accept the fact that I had a brain tumour. Dr. Westerberg's approach gave me confidence, and when I saw Dr. Akagami, I felt even better.

During the months of waiting and appointments, I was forced to find some humour because that's the only thing that has got me through this. When Dr Akagami was listing all the complications that can happen during surgery including not being able to swallow, my first thought was "wow I'll finally lose those 20 pounds I need to lose!" Or when he was telling me I'll need weights on my eyes when I go to sleep, I thought to myself, "well there goes my sex life! That's so not attractive!"

It's been quite a year, but I have grown and learned so much. I have loved so much. I have been loved so much. My husband and I are the closest that we've ever been, and the support of my family and my wonderful friends have been unmeasurable. I've learned to not worry about the small things and except whatever the day is bringing me. It has made me a better and stronger person and I've learned to laugh a lot more because that's the only thing I have to hold onto. I'm in a new club now. The people around me and the people that I've met and those who have helped me through this are part of my life forever.

I truly believe that we are all put on this earth to learn and to grow and to become more evolved beings. Our experiences and struggles are what make us. In the words of Deepak Chopra, "Live in the present. The past and the future don't exist."

Mitzi Jo Perritt, Kelowna, British Columbia

Brandon Burchard, one of the most-followed personal development trainers in the world, has this to say about the importance of giving thanks.

"Walking the grounds of Gratitude, I came upon the Palace of Happiness"

He equates gratitude with happiness, suggesting that when we focus on the things we have to be grateful for, we will find happiness. And when we are happy we are in a position to create, inspire, and influence others by our attitude and actions.

Achieving Our Mission

Being A Patient – Alex’s Story



I am a 66-year-old retired family physician who was diagnosed in October 2017 with a right-sided acoustic neuroma, approximately 2 cm in size. I had been experiencing hearing loss on the right side with some buzzing.

I was fortunate to talk with ANAC’s Executive Director very soon after my diagnosis. She was very supportive and knowledgeable and put me in touch with the fantastic support group in Kitchener, which just happened to be meeting one week after my diagnosis. I found it so helpful to chat with others who have an acoustic neuroma. Some were “watching and waiting”; others had decided to undergo Gamma Knife Radiotherapy or surgery.

With Carole Humphries’s help, I obtained an appointment in November to see Dr. Zadeh, a neurosurgeon oncologist at Toronto Western Hospital. We discussed the risks and benefits of Gamma Knife and surgery, and she recommended a follow-up MRI in 6 months.

I also saw Dr. Parnes, ENT specialist at University Hospital in London, Ontario. He recommended a follow up MRI in April 2018 with the possibility of having surgery, explaining to me the benefits, risks and complications of having surgery to remove the acoustic neuroma. Stereotactic radiation surgery is not available in London.

After learning about both procedures, I felt that Gamma Knife Radiosurgery would be my choice for treatment. Gamma Knife Radiosurgery is a very precise form of radiation therapy that focuses intense beams of gamma rays with pinpoint accuracy to treat lesions in the brain.

While away in Florida for five months, my condition stayed the same. Upon returning, I had a repeat MRI done in April 2018 with a follow up appointment with Dr. Zadeh. My acoustic neuroma had grown slightly and, after discussing my options with Dr. Zadeh, I decided to go ahead with radiosurgery. She expressed that “I was a good candidate for treating the tumour with Gamma Knife”.

In May, I attended the Gamma Knife Clinic at Toronto Western Hospital (TWH) where I met with Dr. Gentili, a neurosurgeon and Dr. Tsang, a radiation oncologist. An appointment was made for June 26 for pre-op and planning MRI, followed by Gamma Knife on June 27.

I arrived at the Toronto Western Hospital very early in the morning and was greeted by the nurse who would follow me throughout my procedure. She offered me some Ativan, which I declined. Dr Gentili injected the local anesthetic where the pins would be placed and put on the Leksell frame with four pins to secure it to my skull. At this point I wished I had taken the Ativan!!

Achieving Our Mission

I was taken for a CT scan. The next two hours to determine my individualized plan and start treatment seemed like an eternity, i.e., the radiation necessary for my acoustic neuroma —the strength of the beams, the angles from which they arrive, the number of times they are discharged, and the exact destination based on Dr. Tsang's orders.

Next, I was helped onto the table and made comfortable while they put on my mp3 player and started treatment. Halfway through my procedure I had to urinate. However, they were able to stop and continue to finish the procedure afterwards. Thankfully, I did not have to be catheterized – a medical procedure that no man or woman relishes that facilitates direct drainage of the urinary bladder.

Once the procedure was finished, Dr. Tsang removed the frame from my head and I was wheeled back to the post-op area where the nurse took my vital signs. My blood pressure was high, most likely due to the pain. I was given a narcotic intravenously. Steri-strips, which are very small and thin, were applied on the pin sights on my forehead. After about an hour, my vital signs were normal, and I was discharged. A follow-up MRI was arranged for March of 2019.

From the hospital, I walked back to the car with my wife and had no balance problems. I felt good except for the pain and some bleeding from the pin sights. While traveling back home, hunger set in and my wife and I stopped for dinner. I was feeling fine.

By the time we arrived home, the only problem I had was that there was still some bleeding from the site and some pain, for which I took some Tylenol #3. Sleeping was difficult that evening due to pain where the pins had been inserted.

However, I felt well enough to go golfing in the morning and walked a whole nine holes. My balance was slightly affected but it did not interfere with my game. After 36 hours there was no bleeding and the pain had subsided. No further medication was needed. The following morning, I went golfing again. My balance was back to normal and I felt about the same as before my surgery. I still have some hearing loss and buzzing in my right ear.

I would like to thank Dr. Zadeh, Dr. Gentili, and Dr. Tsang and the whole Gamma Knife clinical staff. Also, I would like to thank all the wonderful people from the ANAC Kitchener – Waterloo Support Group for their caring and continued support.

Alex Medjessi, formerly of Grand Bend, Ontario, and currently residing in Campbell River, British Columbia.

“The best thing about the future is that it comes one day at a time.”

Abraham Lincoln

I really like the wisdom imparted in these words. If we concentrate on the fact that the future comes in such small increments, we might be more inclined to live in the present.

Achieving Our Mission

What a Difference a Day Makes! My AN Journey



What a difference a day makes! I have heard this little saying many times in my young 49 years of age and I can certainly hum the tune as Dinah Washington croons these words in my head, but I didn't realize the impact these few little words and meaning would have on me.

Fast forward to February 2017, a Valentine's Day that I will never forget, when I was diagnosed with a left-sided acoustic neuroma. My two young daughters were my first initial worry and how this news would affect my family. I was devastated. I tried to carry on as normal as possible but at the end of the working day and when my family went to bed, that's when I would really think about it and I cried myself to sleep many nights.

Unfortunately, my appointment with a neurosurgeon in Hamilton did not go as well as I had hoped, and I was left with more questions. My tumour was almost three cm, and my brainstem was being compressed.

I continued researching everything I could about my AN and decided to explore all options. My quest led me to Dr. Gelareh Zadeh at Toronto Western Hospital. I had also found the Acoustic Neuroma Association website and sent a quick email. I immediately received a call from Carole Humphries, Executive Director and felt, for the first time, that I was not the only person in the world dealing with this kind of tumour.

I met with Dr. Zadeh who addressed my concerns in a straight-forward, sincere manner. Her wealth of experience, knowledge and calmness was exactly what I needed. Despite surgery being scary, after considering options, because of the size and location of the tumour, I realized radiation was not the right choice for me.

Almost a year to the day that I was diagnosed, I underwent surgery. For almost a year, I had tried to stay as positive as I could but there were days that the worry, stress and anxiety got the better of me. Although he hid it from me, I knew it took a toll on my husband, but he remained supportive and reassuring. I did, however, surprise myself that I was relatively calm the morning of surgery. I know that had to do with the fact that I was very confident in my neurosurgeon, Dr. Zadeh, and her very skilled surgical team, plus I had done everything I could do to prepare myself and be ready for this day. With my husband by my side, I was prepped to go and then rolled into the operating room.

My surgery in February 2018 was very successful. It was a long, 10-hour, surgery. When they woke me up, I was told to smile and wink and told all looked good and was taken to the ICU for monitoring. I had many tubes and wires hooked up and then of course the nausea set in. Needless to say, it was an incredibly rough night.

Achieving Our Mission

Well, back to the beginning of my story and what did I mean by that little phrase? The next morning, after only a couple hours of sleep, I felt different. Sure, there was the expected recovery, the risk of brain fluid leakage, which did occur, and other risks which did not. What I really mean by that is it was a new day, surgery was now done and all that worry, stress and anxiety I had leading up to the surgery, was now behind me. So yes, what a difference a day makes.

I lost my hearing on my left side completely and the tinnitus is still as annoying as ever. There is also some residual tumour which we will keep an eye on with periodic MRI's and follow ups. These of course are things that I expected and was prepared for, so I feel so very grateful.

I am still adjusting to a world of single-sided deafness and the fatigue that still hits me after I have taken on too much is a gentle reminder of what I have been through.

My husband has been my biggest advocate and supporter during this journey. We are also very proud of our young daughters as they handled this with such grace and positivity. We are all adjusting to the new us. I have also made some new friends at the AN support group throughout this journey and they too have similar stories to share. They have given me great advice and insight with their journeys, which was appreciated as it has helped me understand my journey and recovery. I am honoured to also be there to lend an ear (well at least my one good functioning ear) to newly diagnosed patients and hope sharing my story with them can help in some small way.

If there is one thought I can share with anyone going through this, it is this: Stay positive and surround yourself with support -- you will get through this and you are much stronger than you think you are.

Ruth Toskas, Hamilton, Ontario

2018 Financial Statements

david b campbell CHARTERED PROFESSIONAL ACCOUNTANT, CA

13 Purple Road, Mono, Ontario L9W 3R3

519.941.2711 office
519.941.1855 fax

Notice to Reader

I have compiled the statement of financial position of the Acoustic Neuroma Association of Canada as at December 31, 2018 and the statements of operations for the year then ended from information provided by management. I have not audited, reviewed or otherwise attempted to verify the accuracy or completeness of such information. Accordingly, readers are cautioned that these financial statements may not be appropriate for their purposes.



David B. Campbell
Chartered Public Accountant, CA
Licensed Public Accountant

May 31, 2019
Orangeville, Ontario

CPA

Acoustic Neuroma Association of Canada

Statement of Financial Position

(Unaudited - see Notice to Reader)

As at December 31,	2018	2017
Assets		
Current Asset		
Bank	\$ 31,885	\$ 14,378
Accrued interest receivable	915	1,041
Taxes recoverable	7,741	6,751
Prepaid expenses (Note 6)	94	94
	40,635	22,264
Other Assets		
Term Deposits and Savings Bank (Note 3)	106,885	139,235
	\$ 147,520	\$ 161,499
Liabilities		
Current Liabilities		
Accounts payable and accrued liabilities (Note 7)	\$ 4,044	\$ 1,576
Net Assets	143,476	159,923
	\$ 147,520	\$ 161,499

Approved by the Board:

_____ Director

_____ Director

(The accompanying notes are an integral part of these financial statements.)

Acoustic Neuroma Association of Canada

Statement of Operations and Changes in Net Assets

(Unaudited - see Notice to Reader)

Year ended December 31,	2018	2017
Revenue		
Donations	\$ 28,220	\$ 17,242
Memberships	7,560	6,250
Annual general meeting	7,275	680
Interest	2,581	2,571
Sales	-	69
	45,636	26,812
Expenses		
Administration contract	28,925	26,820
Bank and credit card charges	879	638
Fundraising	12	509
GST/HST expense	1,075	749
Insurance	750	757
Meetings and conference	4,492	89
Office	2,562	1,194
Professional fees	1,944	2,060
Postage	1,321	895
Printing	6,340	3,347
Telephone	705	1,022
Website	13,078	10,207
	62,083	50,287
Excess of Expenses over Revenue	(16,447)	(23,475)
 Net Assets - Beginning of Year	 159,923	 183,398
 Net Assets - End of Year	 \$ 143,476	 \$ 159,923

(The accompanying notes are an integral part of these financial statements.)

Acoustic Neuroma Association

Statement of Cash Flows

(Unaudited - see Notice to Reader)

As at December 31,	2018	2017
Cash Flows From Operating Activities:		
Cash receipts from donations	\$ 28,220	\$ 17,242
Cash receipts from memberships and conferences	14,835	6,930
Interest income received	2,707	2,819
Cash receipts from sale of merchandise	-	89
Taxes recovered (receivable)	(990)	(1,722)
Cash paid to suppliers, government and contractors	(59,615)	(50,626)
	<u>(14,843)</u>	<u>(25,288)</u>
Cash Flows From Investing Activities:		
Redemption of (Investment in) term deposits	32,350	22,765
	<u>32,350</u>	<u>22,765</u>
Increase (Decrease) in Bank	17,507	(2,523)
Bank at Beginning of Year	14,378	16,901
Bank at End Of Year	\$ 31,885	\$ 14,378
Cash is comprised of:		
Bank	<u>\$ 31,885</u>	<u>\$ 14,378</u>

(The accompanying notes are an integral part of these financial statements.)

Acoustic Neuroma Association of Canada

Notes to the Financial Statements

(Unaudited - see Notice to Reader)

Year Ended December 31, 2018

1. Nature of operations

The Acoustic Neuroma Association of Canada is incorporated under the laws of the Canada. Its principal activity is a charitable organization and operates as a not-for-profit corporation.

Information, research, public education and member support is provided for the treatment of acoustic neuromas (schwannomas) or other benign tumors affecting the cranial nerves. Information is made available, as well, to physicians and health care personnel on early diagnosis, treatment and rehabilitation of patients.

2. Summary of significant accounting policies

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

Financial instruments

The Corporation records its financial assets and financial liabilities at fair value when acquired. The Corporation subsequently measures its financial assets and financial liabilities at amortized cost. Transaction costs incurred on acquisition are charged to the financial instrument. At the end of each reporting period, financial instruments are assessed for impairment if there are indicators of impairment.

Capital assets

All capital assets are expensed when acquired.

Revenue recognition

Donations and memberships are recognized upon receipt. Interest and other revenue are recognized as revenue when earned.

Use of estimates

The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires directors and management to make estimates and assumptions that affect the reported amount of assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenditures during the reporting period.

Actual results may differ from their best estimates as additional information becomes available in the future and adjustments, if any, are recorded as that information becomes known.

Contributed services

Directors and members volunteer their time to assist in the Corporation's activities. While these services benefit the Corporation considerably, a reasonable estimate of their amount and fair value cannot be made and accordingly, these contributed services are not recognized in the financial statements.

Acoustic Neuroma Association

Notes to the Financial Statements

(Unaudited - see Notice to Reader)

Year Ended December 31, 2018

3. Term deposits

Term deposits are recorded at cost. Accrued interest at the year end was \$915.

	2018	2017
Royal Bank	24,000	48,000
Hollis Bank	6,423	16,235
Equity Financial Trust	76,463	75,000
	<u>106,885</u>	<u>139,235</u>

4. Related party transactions

No remuneration was paid to directors and officers during the year and they had no interest in any transactions of the Corporation. Management, in addition to management fees, is reimbursed for certain administrative costs. These transactions were in the normal course of operations and were measured at the amount of consideration established and agreed to by the related parties.

Financial risks

The Corporation's financial instruments consist of cash, interest receivable, term deposits and accounts payable. It is the opinion of the Board that the Corporation is not exposed to significant interest rate, currency or credit risks arising from its financial instruments.

Credit risk exposure

The corporation is exposed to credit risk in the event of non-performance of donors in connection with its pledges made to the charity. The Company does not obtain collateral or other security to support the pledges subject to credit risk but mitigates this risk by dealing only with what management believes to be financially sound donors and accordingly, does not anticipate significant loss for non-performance. There were no outstanding pledges at year end.

Interest rate risk

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in interest rates. The Corporation is exposed to interest rate risk on renewal of its fixed term investments.

Liquidity risk

Liquidity risk is the risk that the Corporation will not be able to meet its financial obligations on a timely basis or at a reasonable cost. The Corporation manages its liquidity by monitoring its operating requirements.

Acoustic Neuroma Association

Notes to the Financial Statements

(Unaudited - see Notice to Reader)

Year Ended December 31, 2018

5. Foreign currency risk

The Corporation is exposed to foreign currency risk when it buys certain materials and supplies in US dollars. The Company will convert its Canadian funds into US dollars on a periodic basis as required.

6. Prepaid expenses

The balance in prepaid expenses includes the following:

	2018	2017
Directors' liability insurance	94	94

7. Accounts payable and accrued liabilities

The balance in accounts payable and accrued liabilities includes the following:

	2018	2017
Accounting accrual	1,575	1,576
Suppliers	2,469	-
	4,044	1,576

ANAC Leadership Giving Society

Our donors are a dynamic group of individuals who invest their compassion, gifts and leadership to help fulfill our mission at the Acoustic Neuroma Association of Canada. They also contribute needed financial resources and time to efforts that allow them to achieve their own personal missions – to connect individuals diagnosed with an acoustic neuroma (AN) and their families and caretakers with the best possible care to treat their acoustic neuroma and make informed decisions about their health.

If you already have a desire to help others, or are looking for tangible ways to help, join us. Need an example?

Giving to ANAC

Our Leadership Society offer many donor levels, opportunities and benefits to members. Donors may make a pledge and pay over a designated time period or make an immediate gift. Every dollar makes a difference. As your donations to ANAC accumulate, donor recognition levels increase.

Here's how you can contribute:

Leadership Society	\$ 1,000,000 +
Dream Builder	\$100,000 - \$999,999
President's Circle	\$10,000 - \$99,999
Director's Circle	\$5,000 - \$9,999
Benefactor	\$1,000 - \$4,999
Smile Maker	\$250 - \$999

ANAC Leadership Giving Society



DIRECTOR'S CIRCLE

Jim and Lyna Newman Foundation

BENEFACTOR

Ed Bryant

Danny Greenglass

David Riske

University Health Network Neurological Association

Linett Wealth Management



Wealth Management
Dominion Securities

Linett Wealth Management
of RBC Dominion Securities
www.linettwealthmanagement.com

Phonak



Renishaw



SMILE MAKER

John Clark

Paul, Linda and Joseph Darkes

Martin Downie

David and Heather Ellison

Bill and Judy Haust

Carole Humphries

Suzanne Klukas

Barbara Reed

Norma Russell

A Heartfelt Thank You to Our Donors

Acoustic Neuroma Association of Canada Stars of 2018

A Heartfelt Thank You to Our Donors



*Dr. Ryojo Akagami
Phil and Sue Allan
Dianne Angus
Sanya Batos
Tina Bayko
Stephanie Beaumont
Rick & Karen Betteridge
Penny Bond
Brent Borne*

*Grace Bowman
Tina Brake
Brown Strachan Associates
Peggy Bray
Heather Brassem
Marie Brodhurst
Sasha Brown
Wendy-Jane Brown
Leon Brumer*

*John Buckle
Leon Collins
Jim Colvin
Elizabeth Conlon
Elaine Cox
Antonio Correia
Joanne Di Nardo
Linda Dinnage
Pauline Dueck*



*Adrienne Dunn
Steve Favell
Anne Friedl
Caroline Fromstein
Shelley Ganzer
Virginia Garossino
Anne Gibson
Luba Gillies
Lynne Gillans*

*Eva Godollei
Don Goings
Terri Gombola
Faye Goranson
Everton Grant
Roumen Grozev
Imogen Hadfield
Lillian Harwijne
Bob & Denise Hetherington*

*Marie Hren
Evalyn Hrybko
Kathleen Hughes
Dr. Edsel Ing
Gordon & Judy Jacobs
Dr. Alan Jeroff
Susan Johnston
Suzanne Johnston
Catherine Kaczmarek*



*Ken Karalash
Jonathan Kantor
Brian Kent
Douglas Knot
Shirley Kolanchey
Steven Korne
Nick Kucharew
Ron Lawrence
Christine Lee*

*Ernie Lem
Eric Loe
Bill MacLean
Maureen MacGillivray
Ian MacPherson
Fraser Mann
Hazel Martin
Marilyn Matheson
Jennifer McLellan*

*Kathleen McCrone
David & Erica McMullen
Dr. Alex Medjesi
Patricia Metz
Americo Meneguzzi
Margaret Mitchell
Judith Montgomery
Ed Morrissey
Kathleen Mullrooney*



Acoustic Neuroma Association of Canada Stars of 2018

A Heartfelt Thank You to Our Donors



*Carol Nakagawa
Lynda Nash
Preeti Nichol
Dave Nichols
Twila Niemi
Robert Nizich
Athir Nuami
Patricia Otto-De Anthe
Catherine Paterson*

*Mitzi Jo Perritt
Karen Peterson
Kim Poole
Chrissie Rejman
Louise Rachlis
Susan Rankin
Sherry Renick
Ronald Rice
Tom Riglar*



*Kevin Rollason
Sherry Renick
Tom Riglar
Kevin Rollason
John Salloum
Cindy Sandsmark
Bruce Scheifele
Anita Schmidt
Larry Schmidt*

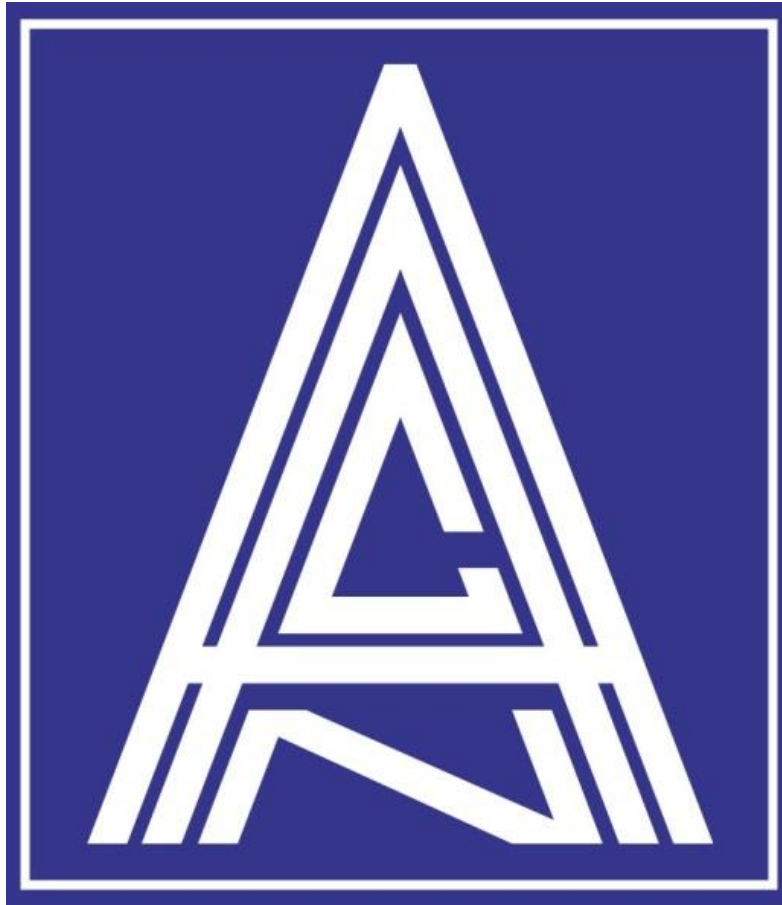
*Carole Schmidt
Muriel Shaw
Warren Sikorski
Annie Sjogren
Ann Sloan
Bozena Staznik
Willet Stevenson
Mike Teeter
Marcus Teixeira*



*Patricia Thurgood
Kay Terkelsen
Lyll Tom
Betty Townshend
Christina Wharton
Elizabeth White
Jean Wiebe
Martin Wiener
Renee Will*

*John Wilson
Dave Wingfelder
Leonard Wert
William Wood
Rebecca Wong
United Way, Toronto*





Acoustic Neuroma Association of Canada

P.O. Box 1005
7B Pleasant Blvd.
Toronto, Ontario M4T 1K2

Telephone: 1.800.561.2622

Email: info@anac.ca

Web: www.anac.ca